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Activities 2026-2027
NSS Units I & II

1. World Health Day Celebrations

- **Date:** 07 April 2026
- **Organized by:** NSS Units I & II
- **Participants:** 50 Volunteers
- NSS Units I & II organized an Online Awareness Quiz on World Health Day to educate students on global health issues, disease prevention, and maintaining a healthy lifestyle. Participating volunteers demonstrated active engagement and good awareness of core health principles.

2. Seminar on Single-Use Plastics (SUPs) & Solid Waste Management (SWM) Rules

- **Date:** 04 June 2026
- **Venue:** RCUES, Osmania University Campus
- Faculty representative Dr. P. Swapnapriya attended a state-level awareness seminar organized by NSS Osmania University in collaboration with TGPCB. Held on the occasion of World Environment Day under Telangana's *Praja Palana Pragathi Pranalika* (99-Day Action Plan), the seminar focused on implementing SUP bans and SWM rules for a sustainable, plastic-free state.

3. World Environment Day

- **Date:** 05 June 2026
- **Organized by:** NSS Units I & II
- To mark World Environment Day, an online awareness quiz was conducted for NSS volunteers covering key eco-friendly topics, including recycling, water conservation, tree plantation, and renewable energy. The initiative aimed to inspire sustainable living and environmental stewardship among students.

4. World Day Against Child Labour

- **Date:** 12 June 2026
- **Theme:** *"Red Card to Child Labour: Fair Play for Children, Decent Work for Adults"*
- **Participants:** 20 Volunteers
- NSS Units I & II hosted an awareness and artwork exhibition in the NSS Room. Student volunteers designed creative posters and charts highlighting the importance of protecting children's rights, ending child labor, and ensuring equal access to education.

5. International Yoga Day Celebration

- **Date:** 22 June 2026
- **Theme:** *"Yoga for One Earth, One Health"*
- **Resource Person:** Mr. Aditya Nema (Heartfulness Education Trust)
- **Participants:** 67 Volunteers
- NSS Units I & II organized a practical session on physical wellness and mindfulness in the College Auditorium. Under expert guidance, volunteers practiced warm-up stretching, *Pranayama*, yoga *asanas*, and relaxation techniques to promote stress management and holistic health.

6. International Anti-Drug Day Campaign

- **Dates:** 24 & 25 June 2026
- **Theme:** *"Say No to Drugs, Choose Life!"*
- A two-day awareness program was conducted to fight substance abuse. Day 1 featured a Poster & Slogan Making Competition showcasing creative student messaging. On Day 2, students, faculty, and NSS volunteers gathered for a solemn Anti-Drug Pledge ceremony, reaffirming their commitment to a healthy, drug-free lifestyle.

7. NSS Orientation Programme

- **Date:** 06 July 2026
- **Target Group:** 1^{\text{st}} Year Undergraduate Students
- **Resource Person:** Mrs. Preeti (Former NSS Coordinator)
- An orientation was conducted in the College Auditorium to introduce freshers to the NSS motto *"Not Me But You"*. The session detailed upcoming drives, community engagement projects, Special 7-Day Camps, and the requirements to earn Non-CGPA Certificate credits through 240 hours of community service.

8. Campus Plantation Drive

- **Date:** 07 July 2026
- **Theme:** *"Plant Today, Breathe Tomorrow"*
- **Participants:** 30 Volunteers
- NSS Units I & II conducted a tree plantation drive across the college campus. Volunteers planted various saplings and took a collective pledge to care for them, fostering environmental responsibility and emphasizing the role of green spaces in combating climate change.

9. Anemia Awareness & Screening Camp

- **Date:** 07 July 2026
- **Collaboration:** AYUR ISR Wing & K.K. Cancer Care / Yashoda Hospitals

- **Resource Person:** Dr. Karuna Kumar (Haematologist)
- **Beneficiaries:** 150 Students
- Aligned with SDG 3 (Good Health and Well-Being), this initiative featured an expert lecture on blood health, nutritional deficiencies, and leukemia awareness, followed by a Hemoglobin Screening Camp for 150 students. Individual confidential reports and dietary advice were provided to students with low hemoglobin levels.

10. Wall Painting & Beautification Drive

- **Date:** 17 July 2026
- **Collaboration:** Tuvukkam NGO & Indian Red Cross Society (IRCS) Hospital
- **Participants:** 26 Volunteers
- Aligned with SDGs 3, 11, and 13, NSS volunteers created educational wall murals at the IRCS Hospital, Dilsukhnagar. The artwork depicted messages on waste segregation, cleanliness, and green living, earning formal commendations from IRCS leadership.

11. Indian Red Cross Society Mass Membership Drive

- **Date:** 28 July 2026
- **Participants:** 36 Volunteers
- Organised via the NSS Cell, Osmania University, 36 volunteers formally enrolled as life/annual members of the Indian Red Cross Society. The drive aimed to instil humanitarian values and encourage active involvement in disaster response and civic relief work.

12. Swachh Bharat Campus Cleaning Programme

- **Date:** 29 July 2026
- **Organized by:** NSS Units I & II
- NSS volunteers carried out a comprehensive cleanliness drive across campus grounds, classrooms, and surrounding areas. The activity raised awareness about personal hygiene and sanitation in alignment with the national Swachh Bharat Abhiyaan goals.

13. Youth Orientation: "Role of Today's Youth (Gen Z) in Society"

- **Date:** 30 July 2026
- **Collaboration:** Youth for Seva (YFS), Hyderabad
- **Resource Person:** Mr. Arun Sagar Kalletla (YFS)
- **Participants:** 112 Volunteers
- Addressing SDGs 4, 11, 16, and 17, this leadership session at Silver Jubilee Hall empowered volunteers to leverage Gen Z skills for community service, voluntary work, and civic nation-building.

14. "My Bharat – Nasha Mukt Yuva" Anti-Drug Pledge Campaign

- **Date:** 02 August 2026
- **Participants:** 30+ Volunteers (100+ Certificates Downloaded)
- Volunteers joined the live webcast on the PM India portal for the national *Nasha Mukt Bharat* campaign under Viksit Bharat @2047. Students took an online pledge on the My Bharat portal, downloaded certificates, and conducted a social media drive to propagate anti-substance messages.

15. International Youth Day Celebrations

- **Date:** 12 August 2026
- **Theme:** *"Engage, Educate and Empower"*
- **Participants:** 100+ Volunteers
- Held in the Auditorium, the event featured a combined skit and dance performance by volunteers. The performance creatively addressed critical eco-issues such as water conservation, plastic reduction, and global warming, encouraging young students to take ownership of environmental sustainability.

16. 80th Independence Day Celebrations at Osmania University

- **Date:** 15 August 2026
- **Venue:** Arts & Social Sciences College, Osmania University
- **Achievements: First Prize** in Inter-Collegiate Parade Competition
- A 33-volunteer parade contingent and a 9-volunteer dance team represented the college at OU's Independence Day celebrations. The NSS parade contingent was awarded the **First Prize** trophy by the Vice-Chancellor, while the cultural team delivered a performance themed on National Integration and Unity in Diversity.

17. Sadbhavana Pledge Activity

- **Date:** 20 August 2026
- **Participants:** 150 Students & Volunteers
- NSS Units I & II organized the Sadbhavana Diwas pledge ceremony to foster national integration, emotional oneness, communal harmony, and peaceful conflict resolution among students regardless of religion, region, or language.

18. Eco-Friendly Ganapati Making Workshop

- **Date:** 10 September 2026
- **Organized by:** Department of Second Languages, ISR–AVANI & NSS Units I & II
- **Collaboration:** Youth For Seva (YFS), NGO
- **Resource Person:** Mr. Arun Sagar Kalletta (YFS)
- **Participants:** 119 Students
- Under the theme *"Celebrate Tradition, Protect Nature"*, a hands-on workshop was conducted for II BBA, B.Com, NSS, and AVANI volunteers. Participants were educated

on the hazards of conventional plaster-of-Paris idols and learned how to craft clay Ganapati idols using biodegradable materials to promote eco-friendly festival celebrations.

19. Cancer Screening and Prevention Programme

- **Date:** 22 September 2026
- **Organized by:** AYUR ISR Wing for Health & NSS Units I & II
- **Collaboration:** Basavatarakam Indo-American Cancer Hospital & Research Institute
- **Resource Persons:** Dr. Shravana Kumari (Senior Gynecologist) & Dr. Prerana
- **Beneficiaries:** 144 Screened (118 Females, 24 Males); 200+ Session Attendees
- A comprehensive health drive was held featuring a fully equipped Mobile Cancer Screening Unit that provided Pap smears, mammograms, ultrasounds, and chest X-rays to staff, students, and local residents. An interactive awareness session covered early detection signs, lifestyle risk factors, and the importance of HPV and Hepatitis B vaccinations in support of SDG 3 and SDG 17.

20. NSS Foundation Day Celebrations 2026

- **Date:** 24 September 2026
- **Organized by:** NSS Units I & II
- **Collaborations / MoU:** Thuvakkam NGO (MoU Signed), Indian Red Cross Society (Telangana), AYUR ISR Wing, Lions Club
- **Chief Guest:** Prof. A. Sriramulu (General Secretary & CEO, IRCS Telangana State Branch)
- **Guest of Honour:** Mr. Wajakat Hussain (Thuvakkam NGO)
- **Participants:** 200 Students
- Centered around the theme *"Build Your Ideal Community"*, NSS Foundation Day was celebrated with an annual report presentation, cultural skits, volunteer reflections, and a poster-making competition. A official Memorandum of Understanding (MoU) was signed with Thuvakkam NGO to strengthen future community outreach initiatives.

21. Voluntary Blood Donation Camp

- **Date:** 24 September 2026
- **Organized by:** Department of Physical Sciences, AYUR ISR Wing & NSS Units I & II
- **Collaboration:** Lions Club Hyderabad
- **Resource Person:** Mrs. Latha (Coordinator, Lions Club)
- Organized in tandem with NSS Foundation Day, this drive highlighted the critical role of voluntary blood donation in emergency healthcare. A total of 13 units of blood were collected from student donors, advancing community health objectives aligned with SDGs 3, 4, 10, and 17.

22. Swachh Bharat – Campus Cleaning Drive

- **Date:** 30 September 2026
- **Organized by:** NSS Units I & II
- **Venue:** College Campus Grounds (Backstage Area)
- **Participants:** 20 Volunteers
- NSS volunteers carried out a dedicated campus cleanup initiative under the Swachh Bharat campaign. The drive involved waste collection, clearing unwanted debris, and educating students on effective waste segregation and campus sanitation practices.

23. International Girl Child Day Essay Competition

- **Date:** 06 October 2026
- **Organized by:** NSS Committee
- **Theme:** *"Empowering Girls, Empowering the Nation"*
- **Participants:** 42 Volunteers
- To celebrate International Girl Child Day, an essay writing competition was held for NSS volunteers. The activity provided a platform for students to discuss women's rights, access to quality education, equal opportunity, and the key role of empowered young women in national development.

24. Rashtriya Poshan Maah: Anemia Prevention & Poster Competition

- **Date:** 06 October 2026
- **Organized by:** NSS Units I & II (in collaboration with Department of Nutrition & Dietetics)
- **Theme:** *"Beat Anaemia – Eat Right, Live Bright"*
- **Participants:** 55 Students
- As part of Rashtriya Poshan Maah, a nutrition faculty member delivered an informative session on dietary causes of anemia, iron absorption, and preventive nutrition. This was followed by a poster competition where 55 student participants created informative visual displays to advocate healthy eating habits.